



Antioxidative properties of cherry tomato

P. R. PRASANNA, P. PANDA, S. BANERJEE,
S. DOLUI AND *A. BHATTACHARYA

Department of Agricultural Biochemistry, Bidhan Chandra Krishi Viswavidyalaya
Mohanpur-741252, Nadia, West Bengal

Received : 10.05.2020 ; Revised : 25.07.2020 ; Accepted : 26.08.2020

DOI : <https://doi.org/>

ABSTRACT

In an effort to select the most promising line(s) out of eight advanced breeding lines of cherry tomato (*Solanum lycopersicum* var. *cerasiforme*) in terms of antioxidative properties, the content of antioxidant constituents and activity of antioxidative enzymes were analyzed from the fruit samples at 'red ripe' stage of harvest in an experiment conducted during November, 2018. The content of lycopene, ascorbic acid and phenol were found to range between 1.89 and 3.31 mg 100⁻¹g, 21.15 and 39.77 mg 100⁻¹g and 6.94 and 12.97 mg TE g⁻¹, respectively whereas antioxidant activity under three different systems of assay (DPPHRAC, FRAP and LP) yielded values from 8.16-15.69 mg TE g⁻¹, 2.06-3.82 mg TE g⁻¹ and 7.85-55.29 μ mol MDA g⁻¹ of fresh sample respectively. The activity of antioxidative enzymes (SOD, CAT and POD) varied from 2.11 to 3.28 mg ml⁻¹ (IC₅₀), 0.038 to 0.140 μ mol H₂O₂ destroyed g⁻¹min⁻¹ and 0.0008 to 0.0044 μ mol guaiacol oxidized g⁻¹min⁻¹. The observed activity of PAL, the key enzyme in phenyl propanoid pathway, was found in the range of 33.70-43.17 μ mol-cinnamate produced g⁻¹hr⁻¹ in fresh harvested sample tissues. On the basis of PCA and average values of all the parameters contributing to antioxidative property, 'Cherry round yellow' was selected as the most promising advanced breeding line followed by 'Cherry round red (big fruit)', '2016 Cherry 4' and '2016 Cherry 3', with better scavenging of ROS and can be used as improved materials for breeding of cherry tomato in future.

Keywords: Antioxidant activity, ascorbic acid, CAT, cherry tomato, phenol, POD and SOD

[Abbreviations: CAT: Catalase; DPPH:2,2-diphenyl-1-picrylhydrazyl; FRAP: Ferric reducing antioxidant power; LP: Lipid Peroxidation; PAL: Phenylalanine ammonia lyase; PCA: Principal component analysis; POD: Peroxidase; SOD: Superoxide dismutase; TP: Total phenol; Trolox: 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid]

Tomato (*Solanum lycopersicum*) is one of the most important staple vegetables cultivated widely across the world. India produced 18.73 million tons of tomatoes sharing 10.44% of the world production in 2016 (Anon., 2018). Tomatoes are enriched with important bioactive principles and attribute that help to designate tomatoes as an important member of the group of so called 'functional foods'. Tomato is consumed both cooked and raw as salad dressings and in various processed and preserved forms as well. Its lustrous, brilliant red colour of lycopene, an antioxidant carotenoid pigment principle, attracts consumers overwhelmingly, being an inherent instinct of them endowed by nature. The protective role of tomato carotenoids and polyphenols have been established well by Campbell *et al.* (2004) as important phytochemicals to be useful in the etiology of prostate cancer. In an overall sense, tomato usually possesses arsenal of protective compounds e.g., phenolics (phenolic acids and flavonoids), carotenoids (lycopene, α - and β -carotenes), vitamins (ascorbic acid and vitamin A) and glycoalkaloids (tomatine) that fight with stressful conditions leading to various cancers, cardiovascular and neurodegenerative diseases. Besides, the bioavailability

of tomato phytochemicals are usually unaffected by routine cooking processes (Chaudhary *et al.*, 2018). It is *esp.* the raw mode of consumption that additionally increases its importance to the researchers to investigate on the scope for its improvement in terms of possessing properties apart from providing nutrition.

Normal aerobic metabolism possesses a mechanism to detoxify the harmful chemical species called reactive oxygen species (ROS) that are constantly generated as an inevitable consequence. A situation termed 'oxidative stress' is arrived when such ROS including superoxide radical anion, hydrogen peroxide and various peroxy radicals, hydroxyl radical, singlet oxygen etc. are formed at an elevated level following exposure to extreme adversities of the environment. To fight with the situation, the adversity is recognized by the cell that consequently alters the expression of certain genes leading to triggering of biochemical pathways for biosynthesis of a group of important phytochemicals like carotenoids, ascorbic acid, phenolics and enzymes such as superoxide dismutases (SOD), catalases (CAT) and a family of peroxidases (POD) etc. specialized for defense function, from a housekeeping mode to production at higher levels.

- and antioxidant activity of cherry tomato fruits (cv. Micro Tom) stored under optimal and chilling conditions. *J. Sci. Food Agric.*, **89**(9):1543-1551.
- Gould, W.A. 2013. *Tomato production, processing and technology*. Elsevier.
- Gul, M.Z., Bhakshu, L.M., Ahmad, F., Kondapi, A.K., Qureshi, I.A. and Ghazi, I.A. 2011. Evaluation of *Abelmoschus moschatus* extracts for antioxidant, free radical scavenging, antimicrobial and antiproliferative activities using in vitro assays., *BMC Compl.Alt. med.*, **11**(1):64.
- Islam, M. Z., Lee, Y. T., Mele, M. A., Choi, I. L. and Kang, H. M. 2019. Effect of fruit size on fruit quality, shelf life and microbial activity in cherry tomatoes. *AIMS Agric. Food*, **4**(2):340-348.
- Jung, E.J., Bae, M.S., Jo, E.K., Jo, Y.H. and Lee, S.C. 2011. Antioxidant activity of different parts of eggplant. *J. Med. Plants Res.*, **5**(18):4610-4615.
- Kaur, C. and Kapoor, H.C. 2002. Anti oxidant activity and total phenolic content of some Asian vegetables. *Int. J. Food Sci. Technol.*, **37**(2):153-161.
- Kaur, C., Walia, S., Nagal, S., Walia, S., Singh, J., Singh, B.B., Saha, S., Singh, B., Kalia, P. and Jaggi, S. 2013. Functional quality and antioxidant composition of selected tomato (*Solanum lycopersicon* L.) cultivars grown in Northern India. *LWT Food Sci. Technol.*, **50**(1):139-145.
- Kumar, B., Singh, P., Singh, R.P., Kewat, R.N. and Singh, R.P. 2018. Evaluation of Quality Parameters at Ripening Stage in New Tomato (*Lycopersicon esculentum* Mill.) Germplasms. *Int. J. Curr. Microbiol. Appl. Sci.*, *Special* (**7**):117-122.
- Lamikanra, O. and Watson, M.A. 2001. Effects of ascorbic acid on peroxidase and polyphenoloxidase activities in fresh cut cantaloupe melon. *J. Food Sci.*, **66**(9):1283-1286.
- Lenucci, M. S., Cadinu, D., Taurino, M., Piro, G. and Dalessandro, G. 2006. Antioxidant composition in cherry and high-pigment tomato cultivars. *J. Agric. Food. Chem.*, **54**(7):2606-2613.
- Lin, C.C. and Kao, C.H. 2001. Cell wall peroxidase activity, hydrogen peroxide level and NaCl-inhibited root growth of rice seedlings. *Plant Soil*, **230**(1):135-143.
- Liu, J.G., Zhang, X.L., Sun, Y.H. and Lin, W. 2010. Antioxidative capacity and enzyme activity in *Haematococcus pluvialis* cells exposed to superoxide free radicals. *Chinese J. Oceanol. Limnol.*, **28**(1):1-9
- Lokhandwala, A. and Bora, M. 2014. Comparative analysis of Polyphenol Oxidase, Catalase and Lycopene production in *Lycopersicon esculentum* Mill. *Int. J. Curr. Microbiol. Appl. Sci.*, **3**(4):969-983.
- Mostapha, B.B., Hayette, L. and Zina, M. 2014. Antioxidant activity of eight tomato (*Lycopersicon esculentum* L.) varieties grown in Algeria. *J. Food Technol. Res.*, **1**(2):133-145.
- Nayyar, H. and Gupta, D. 2006. Differential sensitivity of C3 and C4 plants to water deficit stress: Association with oxidative stress and antioxidants. *Environ. Exp. Bot.*, **58**:106-113.
- Rabinowitch, H.D., Sklan, D. and Budowski, P. 1982. Photo oxidative damage in the ripening tomato fruit: Protective role of superoxide dismutase. *Physiol. Plant*, **54**(3):369-374.
- Raffo, A., La Malfa, G., Fogliano, V., Maiani, G. and Quaglia, G. 2006. Seasonal variations in antioxidant components of cherry tomatoes (*Lycopersicon esculentum* cv. Naomi F1). *J. Food Compos. Anal.*, **19**(1):11-19.
- Rai, G.K., Kumar, R., Kumar, R.R. and Dogra, S. 2014. Free radicals scavenging-antioxidant phytochemicals in cherry tomato (*Solanum lycopersicon* var. *Cerasiforme* (DUNAL A. Gray). *Bangladesh J. Bot.*, **43**(3):255-260.
- Rosales, M. A., Ríos, J. J., Cervilla, L. M., Rubio Wilhelmi, M. M., Blasco, B., Ruiz, J. M., and Romero, L. 2009. Environmental conditions in relation to stress in cherry tomato fruits in two experimental Mediterranean greenhouses. *J. Sci. Food Agric.*, **89**(5):735-742
- Rosales, M. A., Ruiz, J. M., Hernandez, J., Soriano, T., Castilla, N. and Romero, L. 2006. Antioxidant content and ascorbate metabolism in cherry tomato exocarp in relation to temperature and solar radiation. *J. Sci. Food Agric.*, **86**(10):1545-1551.
- Sadasivam, S. and Manikam, A. 2011. Estimation of lycopene content. In. *Biochemical methods* (3rd Eds). New Age Intl. (P). Ltd. Publishers, pp. 32-35.
- Tommonaro, G., De Prisco, R., Pergamo, R., Iodice, C., Abbamondi, G. R., Spagnuolo, A. and Nicolaus, B. 2015. Effects of industrial processes on antioxidant power and polyphenols profile in cherry tomato cultivar. *J. Med. Food.*, **18**(10): 1173-1178.
- Toor, R. K. and Savage, G. P. 2005. Antioxidant activity in different fractions of tomatoes. *Food Res. Int.*, **38**(5):487-494.
- Uthairatanakij, A., Aiamla, S., Jitareerat, P. and Maneenoi, A. 2017. A Preliminary Comparison of Antioxidants of Tomato Fruit Grown Under Organic and Conventional Systems. *Horticulturae*, **3**(1):21.
- Vinha, A. F., Barreira, S. V., Castro, A., Costa, A. and Oliveira, M. B. P. 2013. Influence of the storage conditions on the physicochemical properties,

- antioxidant activity and microbial flora of different tomato (*Lycopersicon esculentum* L.) cultivars. *J. Agric. Sci.*, **5**(2):118.
- Vinha, A.F., Alves, R.C., Barreira, S.V., Castro, A. and Costa, A.S. 2014. Effect of peel and seed removal on the nutritional value and antioxidant activity of tomato (*Lycopersicon esculentum* L.) fruits. *LWT Food Sci. Technol.*, **55**(1): 197-202.
- Violeta, N. O. U. R., Trandafir, I. and Ionica, M. E. 2013. Antioxidant compounds, mineral content and antioxidant activity of several tomato cultivars grown in Southwestern Romania. *Notulae Botanicae Horti Agrobotanici Cluj-Napoca*, **41**(1):136-142.
- Vin Kovic, V. I., Samobor, V., Bojic, M., Saric, M. M., Vukobratovic, M., Erhatic, R. and Matotan, Z. 2011. The effect of grafting on the antioxidant properties of tomato (*Solanum lycopersicum* L.). *Spanish J. Agric. Res.*, **9**(3):844-851.
- Zhou, B., Chen, Z., Du, L., Ye, X. and Li, N. 2012. Correlation between resistance of eggplant and defense-related enzymes and biochemical substances of leaves. *African J. Biotechnol.*, **11**(74):13896-13902.
- Zoran, I. S., Nikolaos, K. and Ljubomir, Š. 2014. Tomato fruit quality from organic and conventional production. *In. Organic agriculture towards sustainability*, IntechOpen.